

Health Care Reimbursement Account

The following lists are examples of the types of expenses that may or may not be reimbursable.

ELIGIBLE – restricted to services or amounts not reimbursable from any other source:

- Abortion related services
- Artificial limbs
- Co-pays and co-insurance
- Counseling, if for medical care (psychological, psychotherapy, family counseling for patient only, etc.)
- Deductibles
- Dental care, if for medical care (examinations, cleanings, fillings, crowns, bridges, etc.)
- Diabetic supplies (blood sugar monitor, syringes, test strips, etc.)
- Drugs, obtained in U.S. by prescription (insulin or medicines) **
- Drugs, over-the-counter, if for medical care **
- Fertility enhancement (in vitro fertilization, reverse vasectomy, etc.)
- Guide/leader or hearing-assisting animal
- Hearing devices (hearing aids, hearing aid batteries, and repair, etc.)
- Nursing care
- Orthodontia
- Oxygen equipment
- Rental of medical equipment
- Service fees for medical care (consultations, diagnostic lab work, etc.) provided by physicians, surgeons, specialists, or other medical practitioners, including holistic and Christian Science practitioners
- Smoking cessation programs, aids, devices, and medications
- Support or corrective device (crutches, braces, etc.)
- Transportation (when used for medical care)
- Medically prescribed therapy treatments (must be primarily for individual's medical care)
- Vision care (eye exams, prescription eye glasses/contact lenses, or contact lens solution)
- Vision correction surgery (including RK and Lasik)
- Weight loss programs (physician-prescribed for a specific condition)
- Wheelchairs

** OTC drugs purchased for personal/cosmetic reasons or simply for good health do not qualify as eligible expenses. This includes drugs such as anti-aging treatments, vitamins and nutritional supplements.

Documentation must identify the name of the OTC drug. OK to ask for doctor's note indicating why OTC medication must be taken by the person.

INELIGIBLE:

- Counseling (non-medically related - anger management, behavior counseling, marriage counseling, etc.) Note: these are a covered benefit under County medical plans.
- Dietary supplements (including vitamins) that are merely beneficial to general health.
- Drugs, prescribed or over-the-counter (primarily for personal, cosmetic, and/or for the benefit of the individual's general health)
- Elective cosmetic surgery/procedure
 1. Anti-aging treatments (chemical peels, laser therapy, anti-aging drugs, etc.)
 2. Breast implants (non-reconstructive)
 3. Cosmetic dental veneers/teeth whitening
 4. Electrolysis/hair transplants
 5. Treatment for varicose veins or spider veins
- Funeral expenses
- Health club membership fees
- Household help**
- Insurance premiums
- Maternity clothing
- Toiletries and personal care items (shampoo, deodorant, soap, etc.)
- Weight loss foods that substitute for normal foods or nutritional needs

** These expenses could be reimbursable under Dependent Care reimbursement account.